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Introduction

The COVID-19 pandemic has caused great disruptions and uncertainty to organizations worldwide.

The rapidly instituted changes to workplaces—for example, the immediate transition from ind3.4 (tao11.2 (34.902 0 Td6(

aspects of the distance learning format were cited as most important for success: (1) instructor expertise; (2) use of synchronous online platform (Zoom); (3) up-to-date and relevant content, including its application to the workplace; (4) interaction and discussions of content with participants (breakout groups, polls); and (5) shift to distance learning methods to ensure safety of worker as well as flexibility during the pandemic.

On the other hand, respondents indicated that with remote learning: (1) face-to-face is the gold standard

Conclusion

The present evaluation provides preliminary evidence supporting the effectiveness of the distance learning format in delivering occupational health and safety training. Trainee characteristics and training factors affecting effectiveness and impact are identified, as well as recommendations for continuous quality improvement. Finally, suggestions for future research on use of the distance learning technology in occupational health and safety training systems are provided. Taken together, these findings and general recommendations can be used to ensure successful and sustained integration of synchronous online occupational health and safety trainings.

